



Ingham County

4-H Family News

December 18, 2020



4-H GROWS HERE

**"Virtual" Michigan 4-H Creative Arts
Celebration**

Time to get Creative!! Do you love arts & crafts? Do you enjoy sewing & textiles? Do the performing arts provide you with enjoyment? Registration is now open for the *2021 Michigan 4-H Creative Arts Celebration Workshop* virtually held February 19-21, 2021! If you want to participate register now as sessions are limited! Virtually connect with instructors and work together on your projects, have fun doing a Goose Chase, reconnect or make new friends virtually, be creative, increase your emotional health, and have an enjoyable experience! Here's the link to register: <https://www.canr.msu.edu/events/2021-virtual-creative-arts-celebration>

The "Virtual" Michigan 4-H Creative Arts Celebration is open to teens, 4-H members and non-members aged 13 (by Jan. 1, 2021) and older. This first-time virtual workshop is also open to 4-H staff, adult 4-H volunteers and adults who work with youth in a variety of educational settings. The goal is for individuals who are willing to re-teach the skills they learn and knowledge they gain in their communities and to have creative fun in a virtual environment! Here's the link to register:

<https://events.anr.msu.edu/creativearts21/>

Have a Safe, Healthy, Happy
Holiday Season!

Time to Be Creative!

Registration is now open for the
2021 Michigan 4-H Creative Arts Celebration Workshop
virtually held February 19-21, 2021!

To Register go to:
<https://www.canr.msu.edu/events/2021-virtual-creative-arts-celebration>

Ingham County 4H-
MSU Extension

Be sure to like and
follow us for the latest
4-H information.

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<https://www.facebook.com/Ingham4H>



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Support Michigan 4-H with holiday shopping!



Get ready for the holidays AND support 4-H with purchases on AmazonSmile, SHOP 4-H Online and at JOANN's Fabric.

AmazonSmile will give 0.5% of eligible purchases to the Michigan 4-H Foundation when you shop at <http://smile.amazon.com/ch/38-1539997>.

Buy your favorite Michigan 4-H'ers 4-H apparel and essentials at the SHOP 4-H Online Store (<https://shop4-h.org/?rfsn=871792.16dd0>) and 5% of the purchase will go back to Michigan 4-H!

JOANN's Fabrics shoppers who use their free 4-H loyalty card (<http://www.joann.com/4-h/>) will save 15% while also giving 2.5% back to the National 4-H Council.

Congratulations to SYLC Representatives

Congratulations to **Adelle Dingleline**, *Red Cedar Kids 4-H Club*, and **Brenna Marshall**, *Deep Roots 4-H Club*, for being selected to join the State Youth Leadership Council.

What is SYLC?

Established in 2015, the Michigan 4-H State Youth Leadership Council (SYLC) is a statewide leadership opportunity for 4-H youth. SYLC members serve as representatives of the Michigan 4-H program, promoting 4-H through state and local activities, and can provide youth voice and perspective on the development of 4-H programs and curricula.

Reenrollment Deadline December 31, 2020

It's officially the 2020-2021 4-H program year – which means it's time to re-enroll in Michigan 4-H! With the novel coronavirus pandemic altering the way 4-H programs are currently offered, we know many of you are eagerly awaiting the return of face-to-face programming. Until then, we encourage you to take part in the wide variety of 4-H learning experiences and opportunities available today from the safety of your homes.

As a reminder, there will be no participation fees collected for the current program year so there is no cost to re-enroll, though some specific events may continue to have registration fees.



[Start your re-enrollment today](http://www.4honline.com) at www.4honline.com to stay connected with all the exciting events and programs that are being hosted across the state!

4-H Volunteer Reenrollment

Go to MSU Extension [Volunteer Central](https://msu.samaritan.com/custom/502/volunteer_home) (https://msu.samaritan.com/custom/502/volunteer_home) and click "Login" which is located on the upper right hand side of the web page

Your User ID: [email address]

Password: Pa\$\$1234

Click Edit Profile

Review your information and update anything that is inaccurate

Volunteer Central does not replace 4-HOnline. 4-HOnline is our 4-H specific database for volunteers, youth and families. It will remain an important part of your volunteer role to be active in both Volunteer Central and 4-HOnline.

Thank you for volunteering with MSU Extension! Please reach out to Glenda at 676-7303 with any questions pertaining to Volunteer Central.

STATEWIDE NEWS AREA



MICHIGAN STATE
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Crafts & Cultures Around The World

REGISTRATION

V2.4honline.com

CLUB

SPIN-Crafts and Cultures
Around the World

COST: Free

FURTHER INFORMATION:

weissg@msu.edu or
517-676-7303

LOCATION:

Virtual—you will receive
the link upon
registration

SUPPLIES:

These activities require a
small amount of
household supplies that
you probably have or
easy to acquire.



Who should attend:

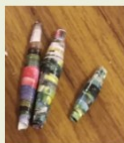
Youth ages 5-19 and volunteers who are interested in learning more about crafts and cultures from around the world.

Description:

Enjoy learning how to make simple crafts from all seven continents: Africa, Antarctica, Europe, Asia, Australia, North America and South America. Explore the cultures in countries within the seven continents.

Topics with Date All will be at 7:00 p.m.

- December 8—Origami 4-H Clover (Asia)
- December 15—Paper Beads (Africa)
- December 22—Huichol Picture: Yarn Art (North America)
- January 5—Rain Sticks (South America)
- January 12—Polish Wycinanki: Traditional cut-paper (Europe)
- January 19—Inuit Soap Stone Carvings: Soap carving (Antarctica)
- January 26 — Indigenous Art: Aboriginal Dot Painting (Australia)



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Adulting 101

This exciting FREE series of Adulting 101 is being offered for high school youth and young adults to help prepare for life on your own. Different session topics will be offered on Thursdays in January from 4-5 p.m. EST.

January 14 - International Conversations: Join us for a cultural conversation live and ask questions that interest you.

January 21 - Goal Setting: Turn your goals into reality with these SMART tips.

January 28 - Food Safety: We all love to eat! Learn how to properly store, cook, and handle your food with safety in mind.

Youth can register at: <https://www.canr.msu.edu/adulting101/index> for any and all sessions!



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Join Us Online

ADULTING 101

January 14, 21, and 28
4:00 p.m.



www.canr.msu.edu/adulting101



Join Us Online

VIRTUAL LEARNING TOOLS WEBSITE

Parents, Teachers, and Homeschool Families

<https://www.extension.msu.edu/virtual-learning-tools>

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JOIN US ONLINE!

4-H LEGO MASTER BUILDER SPIN CLUB



Every day choose to be creative, be ingenious, be an engineer and become a Master Builder with LEGO! Open to all youth aged 5 to 12.

Sign up by January 14th!

Starts: Monday, Jan. 18-22, 2021

From: 10-11:15am

Questions: Christine Miller email at
johns832@msu.edu or call
(517)552-6905

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JOIN US ONLINE!

4-H MINECRAFT SPIN CLUB

An introduction to computer coding
through the world of Minecraft!
Open to all youth age 8 to 12.

Sign up by January 21st!

Starts: Monday, January 25-29, 2021

From: 10-11:15am

Questions: Christine Miller email at
johns832@msu.edu or call
(517)552-6905

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TIS THE SEASON TO BE BAKING! JOIN US FOR A 4-H IN THE KITCHEN EVENT WHERE OUR SPECIAL GUEST CHEF WILL SHOW US HOW TO MAKE A SPECIAL BATCH OF HOLIDAY EGGNOG SCONES!

Saturday, December 19, 2020 | 2:00 pm

<https://events.anr.msu.edu/4HEggnogScones/>



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AGENTS OF KINDNESS SPIN CLUB

**MUST REGISTER ON
4-H ONLINE TO GET
ACCESS TO CLUB**



**FREE AND OPEN
TO YOUTH
AGES 9 - 13**

Are you interested in getting involved in your community from the comfort of your home? During the Agents of Kindness SPIN Club, we'll explore ideas for generous actions that encourage youth voices and promote the common good, even when we are apart.

**WHEN: MONDAYS 4-5 PM EST VIA ZOOM APP
DECEMBER 14-JANUARY 18**

Please email Rachel Ochylski (ochylski@msu.edu) with questions or visit <https://bit.ly/AOKSPIN> to receive more information about this club and how to register on 4-H Online

Keeping Kids Safe

We would like to take a moment and share new resources that have been developed by the SAFE team for parents and volunteers.

[Keeping Kids Safe: Preventing Grooming by Child Sexual Predators](#)

[Keeping Kids Safe: How Child Sexual Predators Groom Adults, Families, and Communities](#)

[Keeping Kids Safe: How Child Sexual Predators Groom Children](#)

I would also like to take a quick moment to remind you of the other resources that are also available.

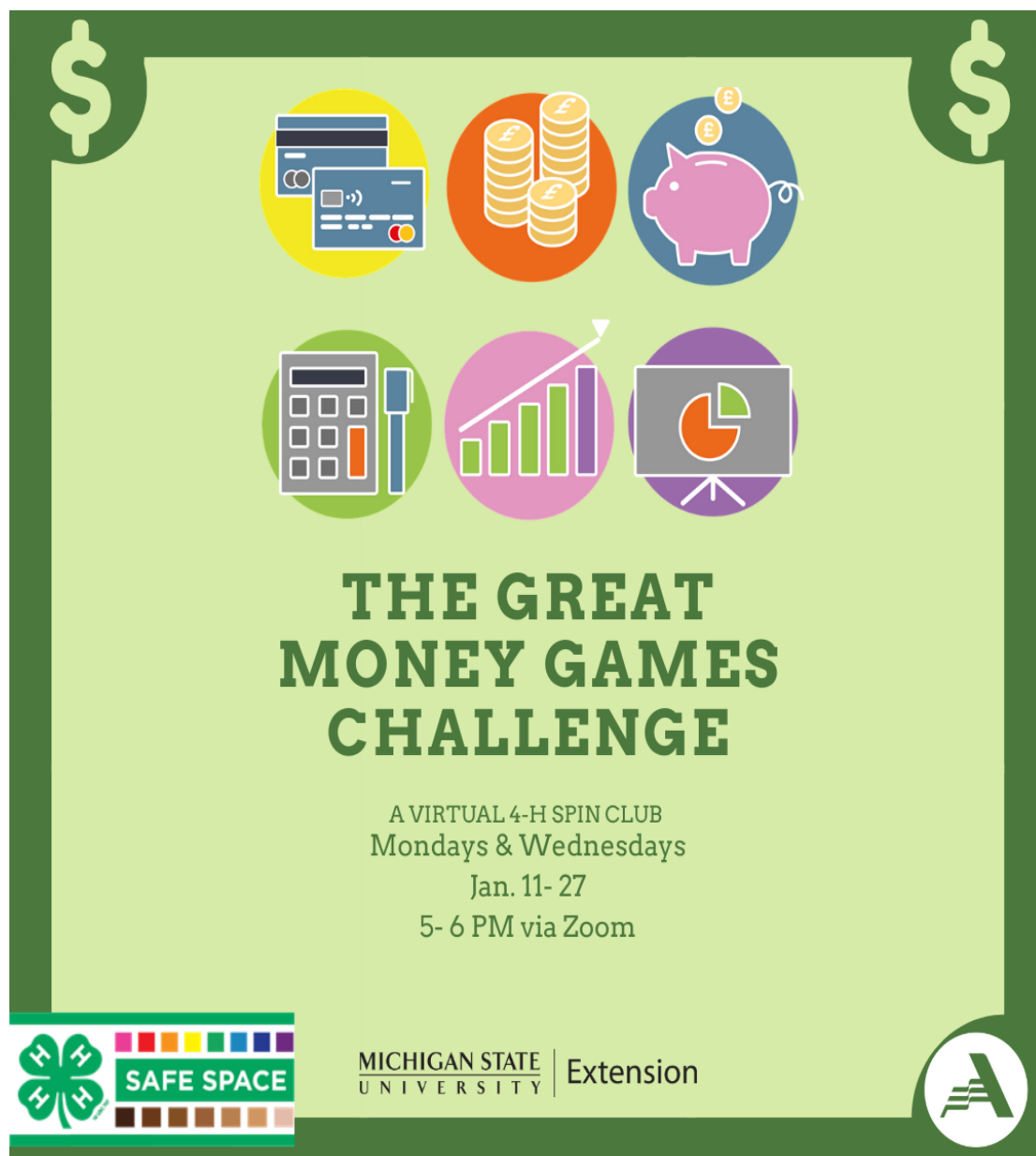
[Keeping Kids Safe: Ages 12-17](#)

[Keeping Kids Safe: Ages 6-11](#)

[Keeping Kids Safe: Ages 0-5](#)

[Keeping Kids Safe: The downside to "sharenting" on social media](#)


[Keeping Kids Safe Virtually: Best Practices](#)





The poster features a green background with a white border. At the top corners are large white dollar signs. In the center, there are six circular icons: a credit card, stacks of coins, a piggy bank, a calculator, a bar chart, and a pie chart. Below the icons, the title "THE GREAT MONEY GAMES CHALLENGE" is written in large, bold, white letters. Underneath the title, it says "A VIRTUAL 4-H SPIN CLUB Mondays & Wednesdays Jan. 11- 27 5- 6 PM via Zoom". At the bottom left is the 4-H logo and the text "SAFE SPACE". At the bottom center is the Michigan State University logo and the text "Extension". At the bottom right is a circular logo with a stylized 'A'.

THE GREAT MONEY GAMES CHALLENGE

A VIRTUAL 4-H SPIN CLUB
Mondays & Wednesdays
Jan. 11- 27
5- 6 PM via Zoom

 **SAFE SPACE**

 **Extension**



Cloverbud Social/Emotional Wellness Kit



Help youth explore their emotions with fun activities!

- Kit contains supplies for several activities
- Designed for ages 5-8
- Complete activities at your own pace

Learn more and register at
<https://events.anr.msu.edu/MissaukeeCloverbudWellness/>

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**Connect with
youth from
across the globe!**



Sign up for the States' 4-H Winter Pen Pal program for your chance to make international friends! Learn about culture and daily life in another country while sharing your own experiences with a peer across the globe.

The pen pal program will run from mid-January through mid-April. After being matched with a similarly-aged young person from another country, youth will write to each other twice a month. Topical prompts will be provided to jump start conversations but the possibilities are endless!

To get matched in the program, visit
www.surveymonkey.com/r/7N8RBHY

Macomb + Eaton County 4-H Present

ART + ACTIVISM

VIRTUAL 4-H SPIN CLUB

EXPERIENCE THE WORLD DIFFERENTLY, FIND THE ARTIST
AND ACTIVIST IN YOU.

January 5th - February 23rd | Every Tuesday
6:00 PM - 7:00 pm est.
via zoom

FREE AND OPEN TO
YOUTH AGES 9 - 13

Please email Ally Baird (bairdal2@msu.edu) with any questions
Register here: <https://bit.ly/37Kr4fj>



MICHIGAN 4-H PRESENTS



You can get PAID for THAT?!

WILD & CRAZY CAREERS

Careers come in all shapes and sizes.
Hear from people who have made their
passions a job, and their jobs their passions!

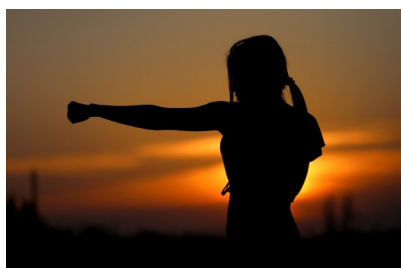
**Tuesdays, January 12 - February 16
4:30PM ET on Zoom**

Target Audience: Ages 9-19 Cost: Free
Zoom link will be provided upon registration

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4-H Ninja Training SPIN Club

Ever wonder what it takes to be a ninja like you see on TV? Besides being physically active and in shape, what other things help them to be successful?



Michigan 4-H will be hosting a new and fun SPIN club opportunity for youth to learn what it takes to become a ninja. Throughout the six-week series, different topics will be explored to help youth learn how to be active and strive to be healthy.

This series will run each Wednesday from February 10—March 17. Topics covered will include:

- **Goal setting.** Uncover your physical fitness goals and how you can accomplish them.
- **Strength.** Ninjas have to have both physical and mental strength. Explore ways to improve your strength.
- **Physical activity.** Learn exercise practices that can help you move and gain flexibility.
- **Good nutrition.** Ninjas must eat right to perform at their best. Discover what does good nutrition look like.
- **Balance.** Balance is fundamental in ninja training. Learn ways to build balance into everyday routines.
- **Mindfulness (patience and focus).** Learn strategies that build patience and focus during your ninja training.

Youth that complete the SPIN club will have the opportunity to hear directly from a real-life ninja: 2020 American Ninja Warrior winner Daniel Gil. He will speak to Michigan 4-H youth and friends on Wednesday, March 24. To register for the club, visit www.canr.msu.edu/events/4-h-ninja-warrior-spin-club.

Resolve to have a great 4-H year

Christine Heverly, MSU Extension. Adapted from an article originally published by Sandy Risedorph.

As we begin 2021, here are ten suggestions to make the upcoming year a successful one. Resolve that:

1. Club meetings will start and end on time.
2. Business meetings will follow Roberts Rules of Order. All club paperwork such as minutes, club inventory and financial statements will be completed in a timely manner.
3. All members will take part in discussions and have a say in decisions that are made. Keep a chart with each members' name and when they speak at business meetings.
4. The club meeting will be safe, comfortable and welcoming.
5. Fun will be included in each meeting.
6. The club will pursue at least one community service project chosen, planned and celebrated by the club.
7. New members will have a buddy they may talk with about any 4-H questions.
8. The 4-H Pledge will be said at every meeting.
9. Every club member will be recognized in some way to let them know they are cared about.
10. The club will review club resolutions and Guiding Principles at least once year.

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2021 Michigan 4-H State Award Changes



Are you planning to apply for a 2021 Michigan 4-H State Award or submit a Mark of Excellence essay? The timeline for these exciting programs has changed!

The deadline to submit applications or essays is now April 1, 2021.

Applications will again be submitted with the MSU Extension events management system.

Additional information regarding the awards program will be forthcoming. Learn more and apply at: extension.msu.edu/4HStateAwards.

Holiday Idea

🕒 2 Hours | Grades: 3-5, 6-8, 9-12

Homemade Holiday Cards or Care Packages for Veterans



Description

Give back this holiday season to those in need. Make homemade holiday cards or care packages to share with your local Veterans Affairs Office.

Activity Steps

1. Purchase blank cards and other items that can be used for care packages.
2. Gather friends and family to help.
3. Draw colorful designs and artwork on the front of your blank cards. Fill the inside with encouraging notes.
4. Pack the care package items in stockings or plastic bags.
5. Contact the Volunteer Service Representative at your local Veterans Affairs Hospital to arrange your delivery of the cards and care packages.

🕒 30 minutes | Grades: 3-5, 6-8



JOIN US ONLINE

SUCCESS AND SAFETY ON VOLUNTEER-LED VIRTUAL PROGRAMS

January 21 | 1:00 pm EST

Register Here:

<https://bit.ly/3oA5K3i>

OR

January 26 | 6:30 pm EST

Register Here:

<https://bit.ly/36VOOyf>



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4-H Events and Workshops

January 5: Art & Activism SPIN Club

Zoom Webinar

Youth ages 9-13 are invited to join discussions and activities related to activism. Michigan AmeriCorps members will lead the meetings from 6-7 p.m. each Tuesday from Jan. 5 - Feb. 23.

<https://www.canr.msu.edu/events/art-activism-spin-club>

January 6: Supportive Teens Empowering Peers SPIN Club

Zoom Webinar

The 4-H Supportive Teens Empowering Peers (STEP) SPIN Club provides an opportunity for teens ages 13-19 to connect virtually with peers through fun games, social interaction and more! This club will meet from 4-5 p.m. each Wednesday from Jan. 6—Feb. 24.

<https://www.canr.msu.edu/events/4-h-step-spin-club-jan-6-feb-24>

January 7: Cloverbud Social Emotional Wellness Kit

Statewide

Complete activities together with your child to help them explore their emotions. Supplies for activities are included in the kit and can be shipped directly to your home.

<https://www.canr.msu.edu/events/cloverbud-social-emotional-wellness-kit>

January 12: Wild and Crazy Careers 4-H SPIN Club

Zoom Webinar

In this six-week series, youth will hear from people who have turned their hobbies and passions into their dream job. Hear from wildland firefighters, wildlife documentary creators, zookeepers, mountaineers and more!

<https://www.canr.msu.edu/events/wild-and-crazy-careers-4-h-spin-club>

January 14: Adulting 101 - International Conversations

Zoom Webinar

The Adulting 101 series helps high school youth prepare for life on their own. This session will explore cultural values from around the world. Additional sessions will be held on the next two Thursdays and cover goal setting and food safety, respectively.

<https://www.canr.msu.edu/events/adulting-101-winter-series-jan-14>

January 21: Success and Safety on Volunteer-led Virtual Programs

Zoom Webinar

In this workshop, participants will learn about best practices and strategies to use when programming virtually with youth and adults.

<https://www.canr.msu.edu/events/success-and-safety-in-virtual-volunteer-led-programs-1>

January 26: Success and Safety on Volunteer-led Virtual Programs

Zoom Webinar

In this workshop, participants will learn about best practices and strategies to use when programming virtually with youth and adults.

<https://www.canr.msu.edu/events/success-and-safety-in-virtual-volunteer-led-programs-2>

For the most up-to-date events listing, go to <http://4h.msue.msu.edu/events>.

Give the gift of Spartan Cheese!



Spartans are creative and adaptive, so when the COVID-19 pandemic disrupted normal operations this year, MSU Dairy Store cheese was transferred to MSU Extension. The MSU Product Center then turned this into an opportunity for the perfect holiday gift box. Start your new year with delicious Spartan cheese!

MSU Dairy Store cheese boxes are available for a limited time. From smoky cheddar to salty caerphilly, gift boxes are available for delivery or contactless pickup in Okemos or Novi. Visit the online store today at <https://msu-dairy-store.myshopify.com/>.

CLUB CORNER

4-H Online Club Leader Update

Just wanted to let you know that club leaders can now be able to access their club rosters in 4-H Online. In order to access your club information, you will need to have a club PIN issued. If you are interested in obtaining your club rosters online, please contact Eric Dobbrastine, (dobbras1@msu.edu) or Lori Guy (lguy@ingham.org).

Virtual 4-H Officer Training

Are you a 4-H club, association, or committee officer? Learn about the different officer roles (President, Vice President, Secretary, and Treasurer) and the basics of parliamentary procedure! This free virtual training using Zoom will feature a special focus on running club meetings virtually, along with the opportunity to try out various features, tips for voting in a virtual meeting, and more. The training will be youth-focused. Taught by Janelle Stewart, Extension Educator from the Leadership and Civic Engagement team. There are two dates available: Thursday, January 28, or Wednesday, March 10, both from 6 - 7:30 p.m. This training is open to all 4-Hers in the following mid and southwest Michigan counties: Clinton, Eaton, Gratiot, Ingham, Ionia, Kalamazoo, Montcalm, St. Joseph, and Van Buren. To register, please go to: <https://events.anr.msu.edu/virtualofficertraining/>

4-H Officer Training: Virtual Edition!



January 28 or March 10 at 6 PM